



iCan Health and Fitness CIC
ISSUE 1
EFFECTIVE DATE 12/12/2020
REVIEW DATE 12/12/2021

This environment policy is approved by the iCan Board of directors and steering group in December 2020 and will be reviewed December 2021; it represents the boards direction to the business on the topic. Compliance with this policy is mandatory through aligning with iCan Health and Fitness CIC Management system, its core values and staffs' behaviour to the commitments below

Environment policy

Policy statement

iCan Health and Fitness CIC will aim to protect the environment by operating in an environmentally responsible manner. We will aim to achieve this by ensuring environmental management is monitored closely and is an integral part of our decision making when purchasing resources, equipment and our carbon emissions. **We aim to become an environmentally aware organisation by 2022.**

Commitments

We confirm we will aim to:

1. Ensure our building using energy efficient lighting, heating and other fuels by 2022
2. Purchase recycled and environmentally friendly resources where possible including but not limited to:
 - Recycled hand towels
 - Recycled toilet paper
 - Recyclable packaging for takeaway drinks or food
 - Recycled furniture
 - Environmentally aware printing materials
 - Recycled paper for resource printing
 - Minimise/ discourage the use of single use plastics
 - Safely Minimise/ discourage the use of disposable face masks (and other hygiene items)
Reusable items such as cloth masks, sanitary equipment available
 - Use sustainable foods as much as possible
 - Use of the WOW facility and its Fuel will be closely monitored and staff asked to think responsibly about fuel emissions when making a journey.
3. Ensure purchasing decisions go through the management structure when not able to purchase a sustainable material
4. Embeds an environmental mindset across the business its staff, stakeholders and customers by developing, promoting and training a culture of environmental responsibility. .
5. Aims to prevent pollution where possible through all areas of the business
6. Minimise waster generation and consumption of natural resources including the use of recycle boxes for plastics, paper and tins.
7. Communicates our environmental strategy across the business.
8. Measures and review our environmental performance frequently and adapting the policy to reflect environmental progressions.

This policy may be amended before the review date of 12/12/2021 but must be reviewed no later than this date.

Lisa Dykes- Managing Director